

THE MINER'S MILE

Member of the *Run and See Tennessee Grand Prix*

2 mile walk, 5K, 10K

Fees \$20 until August 27th, \$25 thereafter

Labor Day Monday, September 6, 2010, 9:00am.

Starts and finishes at Indian Mountain State Park Jellico, TN.

Directions From North and South

Take I-75 North/South to Jellico, TN exit 160. Turn right at end of exit ramp onto 25w (toward town).

Go approximately 1.3 miles to London Avenue (Harp Funeral Home) and turn right.

Go approximately .08 miles over RR tracks and immediately turn left onto Dairy Street. Notice the State Park sign at that turn. Go approximately .56 miles and bear right into Indian Mountain State Park.

Course Description

Keyhole course for all events. Level course for walkers and 5k participants.

Combination of level and rolling hills with one long grade and a few challenging climbs for 10k participants. Level finish. Course is USATF certified.

Finish Line

Managed by Total Race Solutions. Official race results can be viewed at: www.totalracesolutions.com

Registration

Preregistration \$20. Shirt orders will be based on preregistered numbers.

Late registration (postmarked after Aug. 27th) and day of race (7:30a-8:50a at park) is \$25.

Pre-registered runners receive shirts on race day. Race day registrants receive shirts as supply lasts.

Awards

Overall winners (male & female) 10K – 1st Place - \$75; 2nd Place - \$50; 3rd Place \$25

Overall winners (male & female) 5K – 1st Place - \$50; 2nd Place - \$30; 3rd Place \$15

Overall winner (male & female) 2 mile walk – 1st Place Prize

Awards to first place Masters (40+) and Grandmasters (50+) – male & female.

Other awards three deep in the following age divisions – male & female:

9 and under; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70-79; 80-up

Team Competition: Schools, businesses, churches, club organizations, etc.,

with most participants, will receive the "Team Award." Award for top team only.

Post Race Celebration

Refreshments. Awards. Drawing for Helicopter rides. The park pool will be open for free use by race participants and families after the race.

Information

Return completed forms to The Miner's Mile, 188 Hospital Lane, Jellico, TN 37762

Make check payable to: Jellico Community Hospital

This Event is Proudly Sponsored By



Registration form on back



REGISTRATION

Your Name: _____

Address: _____

City/State/Zip: _____ Phone: (____) _____

E-mail: _____

M ____ F ____ Age race day ____ Birthdate _____

T-shirt size: adult small adult medium adult large adult extra large no t-shirt
 child small child medium child large child extra large \$16 registration fee (21\$ late) without shirt

Distance entering: 2 Mile Walk 5K run 10K run

Emergency Contact (Name): _____ Phone: (____) _____

By signing below, you agree, warrant and covenant as follows:

WAIVER

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in the Miner's Mile Walk/Run on September 6, 2010, including, but not limited to, falls, contacts with other participants, the effects of the weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and good health.

Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, my heirs, executors, administrators and assigns waive and release the City of Jellico, Tennessee, any employee or volunteer of the City of Jellico, Jellico Community Hospital, any employee or volunteer of Jellico Community Hospital and all other sponsors of the race, any other persons assisting with the race, the officers, board members, agents, servants, employees, promoters, managers, directors, officials, their successors and assigns of each and every one of the above from any and all claims of injury or liabilities of any kind including illness or damages suffered by me, arising out of my participation in or traveling to or from this race event even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver.

I also grant permission for the use of any photographs, motion pictures, recordings, or any other record of my participation in this event for any legitimate purpose. I give permission for the use of my name and photo by any sponsors of this event to use for their distinct purposes. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to, unsafe weather conditions or governmental ban, my entry fee will not be refunded.

I agree to the above waiver,

Name of Participant

Signature of parent or guardian if under age 18 years of age